



# 2019 JKO Tournament Individual Divisions

**\*\*USANKF/JKO RULES\*\***

Age	Sex	Experience	Kata	Kumite	1-Step
5 & U	M/F	Beg 1	K1	S1	OS1
5 & U	M/F	Beg 2	K2	S2	OS2
5 & U	M/F	Beg 3	K3	S3	OS3
5 & U	M/F	Beg 4	K4	S4	OS4

6 to 7	M/F	Beginner	K5	S5	
6 to 7	M/F	Novice	K6	S6	
6 to 7	M/F	Intermediate	K7	S7	

					Weapons
8 to 9	M/F	Beginner	K8	S8	W1
8 to 9	M/F	Novice	K9	S9	W1
8 to 9	M/F	Intermediate	K10	S10	W1
8 to 9	M/F	Advanced	K11	S11	W1

10 to 11	F	Beginner	K12	S12	W1
10 to 11	F	Novice	K13	S13	W1
10 to 11	F	Intermediate	K14	S14	W1
10 to 11	F	Advanced	K15	S15	W1

10 to 11	M	Beginner	K16	S16	W1
10 to 11	M	Novice	K17	S17	W1
10 to 11	M	Intermediate	K18	S18	W1
10 to 11	M	Advanced	K19	S19	W1

12 to 13	F	Beginner	K20	S20	W1
12 to 13	F	Novice	K21	S21	W1
12 to 13	F	Intermediate	K22	S22	W1
12 to 13	F	Advanced	K23	S23	W1

12 to 13	M	Beginner	K24	S24	W1
12 to 13	M	Novice	K25	S25	W1
12 to 13	M	Intermediate	K26	S26	W1
12 to 13	M	Advanced	K27	S27	W1

14 to 15	F	Beg	K28	S28	W2
14 to 15	F	Nov	K29	S29	W2
14 to 15	F	Int	K30	S30	W2
14 to 15	F	Adv	K31	S31	W2

14 to 15	M	Beg	K32	S32	W2
14 to 15	M	Nov	K33	S33	W2
14 to 15	M	Int	K34	S34	W2
14 to 15	M	Adv	K35	S35	W2

Age	Sex	Experience	Kata	Kumite	Weapons
16 to 17	F	Beg	K36	S36	W2
16 to 17	F	Nov	K37	S37	W2
16 to 17	F	Int	K38	S38	W2
16 to 17	F	Adv	K39	S39	W2

16 to 17	M	Beg	K40	S40	W2
16 to 17	M	Nov	K41	S41	W2
16 to 17	M	Int	K42	S42	W2
16 to 17	M	Adv	K43	S43	W2

					Elite Kumite	Age
16 to 35	F	Elite Kata	K44	S44	18 to 35	
18 to 35	F	Beg	K45	S45	W2	
18 to 35	F	Nov	K46	S46	W2	
18 to 35	F	Int	K47	S47	W2	
18 to 35	F	Adv	K48	S48	W2	

					Elite Kumite	Age
16 to 35	M	Elite Kata	K49	S49	18 to 35	
18 to 35	M	Beg	K50	S50	W2	
18 to 35	M	Nov	K51	S51	W2	
18 to 35	M	Int	K52	S52	W2	
18 to 35	M	Adv	K53	S53	W2	

36 to 45	F	Beg	K54	S54	W2
36 to 45	F	Nov	K55	S55	W2
36 to 45	F	Int	K56	S56	W2
36 to 45	F	Adv	K57	S57	W2

36 to 45	M	Beg	K58	S58	W2
36 to 45	M	Nov	K59	S59	W2
36 to 45	M	Int	K60	S60	W2
36 to 45	M	Adv	K61	S61	W2

46+	F	Beg	K62	S62	W2
46+	F	Nov	K63	S63	W2
46+	F	Int	K64	S64	W2
46+	F	Adv	K65	S65	W2

46+	M	Beg	K66	S66	W2
46+	M	Nov	K67	S67	W2
46+	M	Int	K68	S68	W2
46+	M	Adv	K69	S69	W2

\*Athletes of All Abilities

All Ages	M/F	All Ranks	AA-K70	AA-S70	AA-W2
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**Beg 1 Kihon:** (White Belts) Thrust punch, 4 basic blocks, 4 basic kicks, and punches from heiko dachi (parallel stance)

**Beg 2 Kata:** (White Belts) Kihon Kata, Taikyokyu Kata

**Beg 3 Kata:** (Yellow, Orange) Chi no Kata, Gekisai Kata, Shinsei, Fukyu Kata or other basic Kata of style

**Beg 4 Kata:** (Blue, Purple) Heian/Pinan Kata or other beginner level Kata of style

**Nov Kata:** (Green Belt) Pinan/Heian Kata or other novice level Kata of style

**Int/Adv Kata:** (Brown, Black Belt) Open Kata. Repeat of previous katas are not allowed in medal rounds

**Elite Kata (M/F 16-35yr old) K44 & K49:** Must perform a different kata each round, no repeat of any previous kata

**Kihon Ippon Kumite - OS1/OS4:** One-step sparring (MUST USE GOOD CONTROLLED TECHNIQUES), Attack: Stepping in Jodan Oizuki

Defense: Step back Jodan Age Uke & Counter with Chudan Gyakuzuki, Repeat 4 times on Referee's signal

**Elite Kumite (M/F 18 - 35 yrs old) S44 & S49 & Kumite Divisions:** Please refer to **\*\*USANKF Rules\*\***

**Weapons: W1-13yr old & Under / W2-14yr old & Over** \*Must maintain control of weapons. Disqualification for dropped weapons.

\*Tournament Director has the authority to combine and split divisions as necessary to achieve fair competition.